

SCA Examination Day Guide

A comprehensive guide to sitting your examination on the Osler Online platform.



Introduction

This guide provides a comprehensive overview of your SCA examination day. It will cover all the key aspects of the examination from logging in, candidate registration with your invigilator, navigating each station from reading time to consultation, breaks and logging off. You will be able to familiarise yourself with key platform functionality and learn about how to seek support if you need to do so throughout the examination.

After reading this guide you will be left with a clear understanding of exactly what to expect from your SCA, so you can go into your examination day feeling well prepared.

It is important to note that this guide has been developed in conjunction with the Trainee Surgery Guide, which provides a detailed look at the steps you need to take in order to prepare yourself in the weeks leading up to your examination day.

Please read and complete the steps laid out in the Trainee Surgery Guide ahead of reading this document. You can find the Trainee Surgery Guide on our SCA webpage.

This guide covers:

Examination day schedule Logging on to the platform Automatic device check Video feed Audio test Waiting room

- Two weeks before the examination
- On the day

Candidate registration

- ID check
- Environment check Reading time
- Key functionality Consultation
- Telephone case

Station ending

In between stations

Breaks

Reruns

Logging out



Examination day schedule



There will be two SCA examinations scheduled per day, and you will be allocated to either the AM or PM examination. The scheduled running time for the AM examination session is 08.45 to 13.25 and for the PM session it is 13.20 to 18.05. The scheduled running time will also apply to those trainees with a reasonable adjustment of 25% extra reading time. Trainees with other reasonable adjustments including extra consultation time or extra breaks should plan for their examination session to run from 08.45 to 15.00.

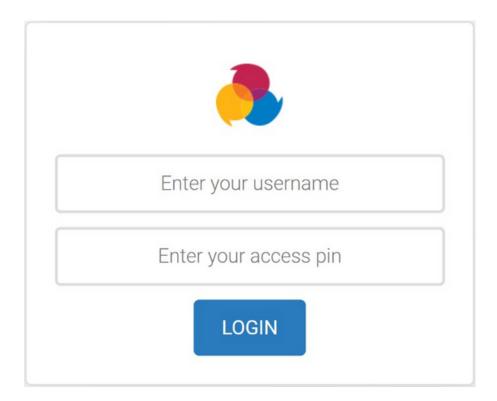
Your examination session will run as follows:

AM Schedule	PM Schedule	Examination activities		
08:45	13:20	Candidate registration (45 mins). Login to Osler. The invigilator will conduct the ID and environment check. Please be patient, it may take some time for the invigilator to appear.		
09:30	14:10	Examination starts.		
09:30 - 11:00	14:10 - 15:40	Rounds 1-6 (1hr 30mins). 15 mins per station (3 mins reading time, followed by a 12 min video or telephone consultation with the role player).		
11:00 - 11:10	15:40 - 15:50	Comfort break (10 mins). Please note that to leave the room you must message the invigilator. Please also message your invigilator once you have returned.		
11:10 - 12:40	15:50 - 17:20	Rounds 7-12 (1hr 30mins). 15 mins per station (3 mins reading time, followed by a 12 min video or telephone consultation with role player).		
12:40 - 13:25	17:20 - 18:05	Rounds end, wrapping-up and rerun time begins (45 mins). Please note you m <u>ay not log</u> out or leave your examination room at any point during the wrapping up and rerun period.		
13:25	18:05	Examination officially ends. You may log out once given permission by the invigilator.		



Logging on to the platform

Two weeks prior to your examination you will receive an email from the examinations team containing a URL link to the platform and your own unique username and password. By clicking on the URL, you will be taken directly to our login portal to enter the details provided. If you would like to take a look around the platform ahead of examination day, you can log in to the platform as soon as you receive the email with the URL and your log in details.

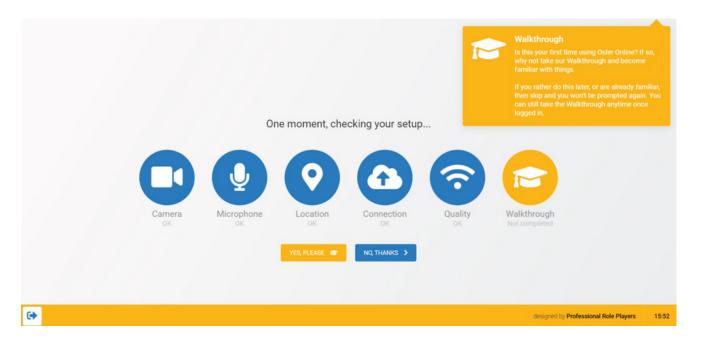




Automatic device check

After you have successfully logged in, the platform will take you through a device check. It will automatically test your microphone, video and internet connection.

It is important that when you first log in to the platform, you reserve some time to complete the walkthrough. As you can see from the image below, the platform will prompt you to take the walkthrough as the last step in the device check. To take the walkthrough click the yellow 'yes please' button at the bottom of the screen. The walkthrough is designed to familiarise you with the key functionality on the examination platform, in an interactive format. The same functionality is described in this guide.



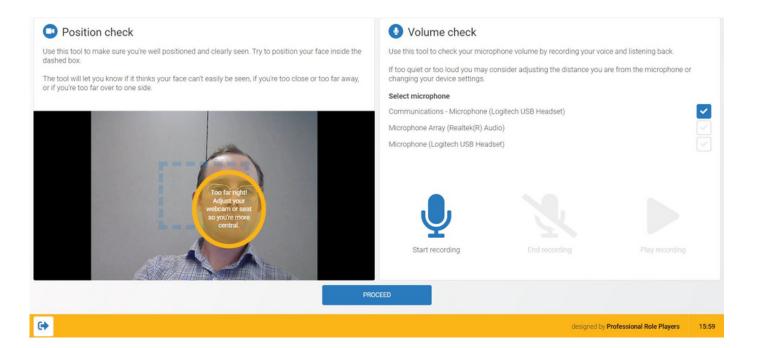
Video feed



From there you will proceed to a screen that will capture your video feed and audio volume accurately.

Follow the onscreen instructions to position your face correctly in the frame of your video feed. A blue oval will appear around your face when you are correctly positioned. If it shows a yellow oval, you are not correctly aligned and will need to adjust your position until the oval turns blue, and you are correctly positioned in the frame.

It is important that you are positioned correctly on camera. Firstly, so your role player has a clear view of you throughout the consultation and secondly, so that your examiner can see you properly, to mark the station accurately.





Audio test

Now it's time to test your audio and microphone. Click on the blue **start recording** icon and speak clearly. For example, you could say 'testing, testing, 1,2,3'.



When you have finished speaking, press the **end recording** icon.



Then press the **play recording** icon to hear what your audio sounds like when it plays back.



Your audio will play back through your speakers to confirm your microphone is working and for you to check the volume. If you are too loud or too quiet, you can adjust your distance from your microphone or adjust your device volume.

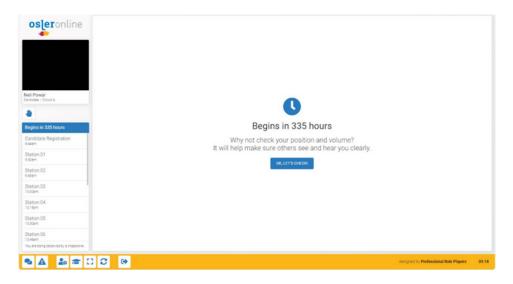
When your video feed and audio check is complete you can click **proceed** at the bottom of the screen and you will be taken through to the waiting room for candidate registration.



Waiting room

Two weeks before the examination

You can see the image below is of an examination waiting room where the timer on the screen indicates that the examination will begin in 335 hours.



Schedule - Take this time to familiarise yourself with the schedule on the left-hand side of your screen. Under each station, including your break, you will see a time indicated. This will enable you to keep track of how your examination will run from start to finish. The platform will automatically transition you between stations and your break.

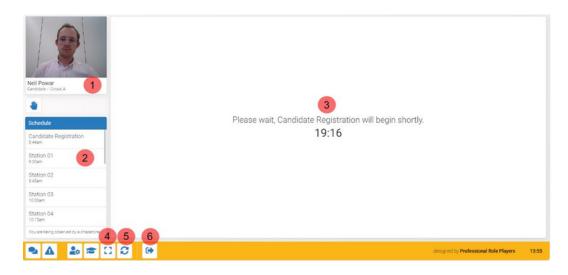
Walkthrough – you can press the r icon on the yellow bar to complete the platform walkthrough as many times as you like, ahead of your examination day, to refresh your memory on the platform functionality. You will also be prompted to complete the walkthrough when you log in for the first time.

On the day



On your examination day you will log in to the platform and remain in the examination waiting room until the platform automatically moves you through to your candidate registration. You can see the timer on the screen now shows that your candidate registration will start in under 20 minutes.

Here is some key functionality to note on this screen while waiting for your candidate registration to begin.

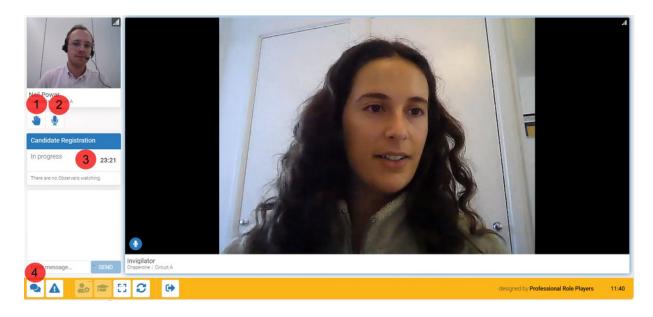


- 1. Camera view this window displays your video feed, so you can check your positioning on screen and how you will appear to the invigilator, role player and examiner.
- 2. Schedule this is the schedule for your examination. As you can see the schedule is showing that you are currently waiting for your candidate registration to begin.
- 3. Countdown the middle of the screen is indicating the time left until your candidate registration.
- 4. Full screen this button removes the tabs at the top of your page and expands your screen.
- 5. Refresh You can automatically refresh the examination platform if you're encountering any technical issues.
- 6. Log out you can log out of Osler Online using this button. Please note, on examination days you should only log out if asked to do so by the examinations team or at the end of the examination when your invigilator gives you permission to do

Candidate registration



This is what your screen will look like when your invigilator joins you for your candidate registration. Don't worry if you are not greeted by your invigilator as soon as registration begins, they will acknowledge that they can see you on the platform as soon as possible. Please note, it may take up to 30 minutes for them to join you to perform the ID and environment checks. The screen shot below highlights some key functionality to help you communicate with your invigilator during the registration period and the examination.



- 1. Hand raise this button will allow you to notify your invigilator if you need to contact them at any stage throughout the examination. It is a useful tool to use if you need to get their attention, but you are in the middle of a consultation and don't have time to type out a direct message.
- 2. Mute This button will mute and unmute your microphone. When there is a line through the microphone icon you are muted. Click it again to remove the line and unmute.
- 3. Countdown timer This timer tells you how much longer you have until your candidate registration ends.
- 4. Direct message Your invigilator will show you where you can access the direct message function on the platform in case you need to send them a message at any stage throughout the examination.



ID check

When your invigilator joins you, they will first ask you to complete an ID check. Please ensure you have a Governmentissued photographic ID (e.g. Passport or UK Driving License) ready to show them. All you will need to do is hold your ID up to your camera, for the invigilator to see and confirm your details.

Environment check

Next will be the environment check where your invigilator will ask you to use your device camera to show them a 360degree view of your examination space. Please ensure your walls are clear of clinical guidance documents, medical charts and posters prior to starting the environment check, as these items are prohibited. Please note, when you are performing the 360-degree check, in instances where the web cam is bolted on or embedded in your monitor, the invigilator will ask you to perform the environment check using a combination of your web cam and the camera on your mobile phone.

The invigilator will also observe your workspace. Please ensure it is clear except for these optional items:

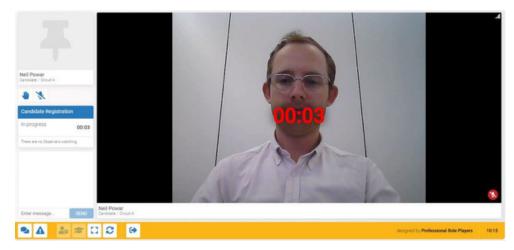
- A water bottle
- An unannotated paper copy of the adult and child BNF
- A whiteboard and marker to take manual notes.



When your invigilator has completed their checks, they will leave you to wait for your examination to begin. Keep an eye on your countdown timer on the left so you know how much longer you need to wait.



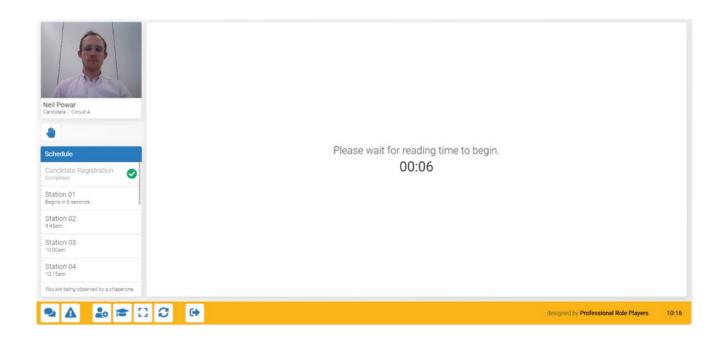
When your candidate registration is about to end you will see a red 5 second timer appear prominently on the screen.





Reading time

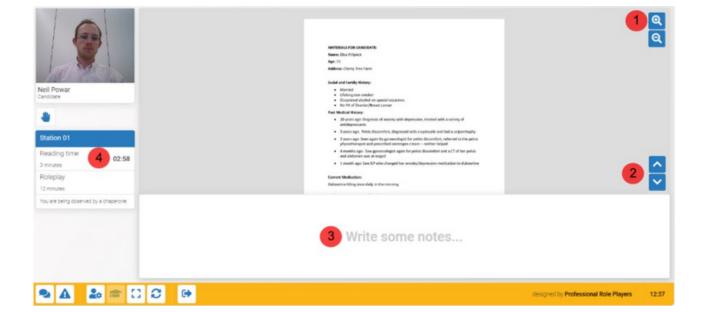
You will have 15 seconds between your candidate registration ending and your first reading time beginning.



From there the platform will automatically take you through to your first station to begin your reading time. You will have three minutes to read your candidate brief.

Key functionality

This image shows you the key features you can use to read and take notes on your candidate brief.





- 1. Zoom in and out you can use the + icon to zoom into the brief document and make it larger and you can use the icon to zoom out and reduce its size.
- 2. Scroll There are arrows down the right-hand side of the screen that will allow you to move through your candidate brief. You can also click and drag your brief up and down using your mouse or track pad.
- 3. Notes window This is where you can type in any notes you would like to make about the brief. These notes will be automatically carried through to your consultation. The notes you take are private and cannot be seen by anyone during or after the examination.
- 4. Countdown timer This timer indicates the time remaining for your reading time.

You may also see one or more of the following messages on your brief:

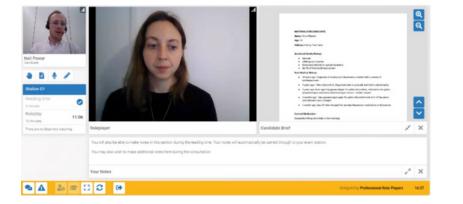
- 'This is a telephone case you will hear the patient but not see them' To inform you on whether to expect a video case or a telephone case in your upcoming consultation.
- 'Please scroll down' To indicate if there is another page in the brief.
- 'End of notes' To indicate that you have come to the end of the brief.

Consultation

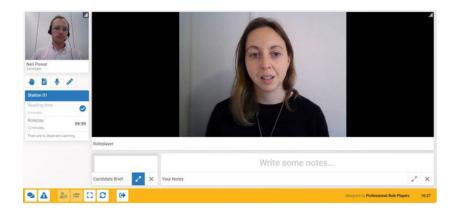
When your three-minute reading time has ended you will be automatically taken through to your first consultation. The role player will appear on screen, and you can begin speaking with them.

Both your brief and your notes will automatically be carried over from your reading time.

This is how your screen will appear when the consultation first begins. The role player will be on the left, the brief will be on the right and your notes will be across the bottom.



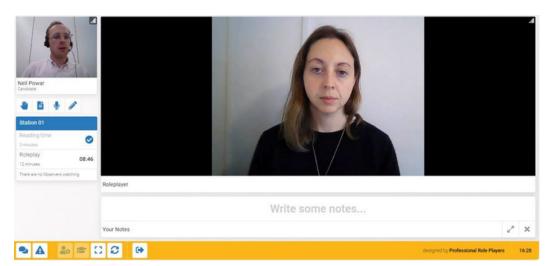
If you don't think you will need to access your brief throughout the consultation, you can press the 💉 button to minimise the brief and place it next to your notes.



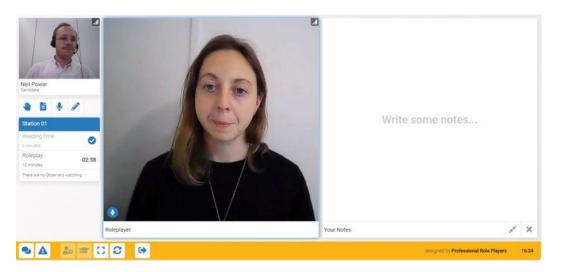


If you would like to close the brief entirely press the 🗙 button. Now only your notes will appear across the bottom of the screen.



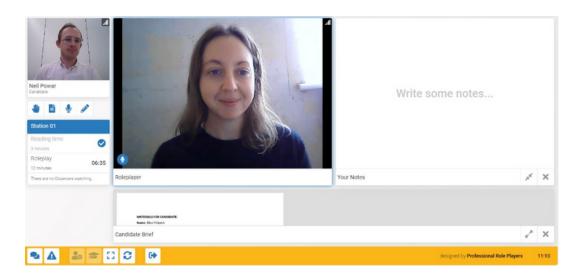


If you would like to expand your notes press the \mathbb{P}^{n} button to bring them up beside the role player.

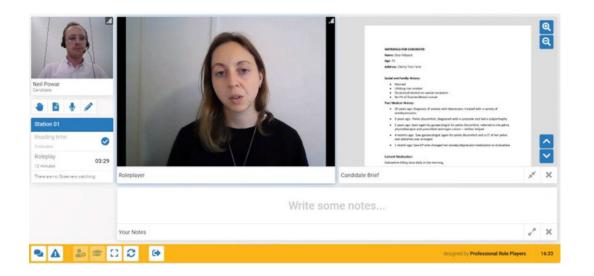


If you would like to bring the brief back up you can press the 📄 icon on the left-hand panel. The brief will appear again at the bottom of the screen.



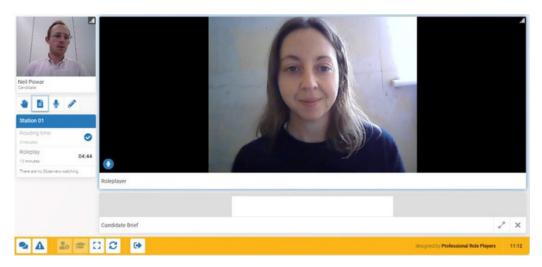


Press the 🖉 icon to bring the brief back up to full size beside the role player, now you are back to the original configuration.

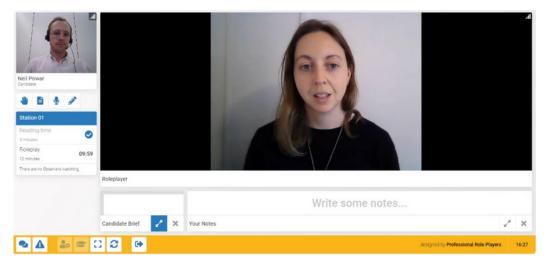


If you would like to remove the notes from the screen you can press button. Now only the candidate brief is visible on screen below the role player.





You can press the 🖍 icon to bring the notes back up at any time. They will appear at the bottom of the screen once more.



In summary, you can use the expand, minimise and close icons to resize and close your candidate brief and notes, and the pencil or paper icons (below your video feed) to bring them back up at any time.

Telephone consultations



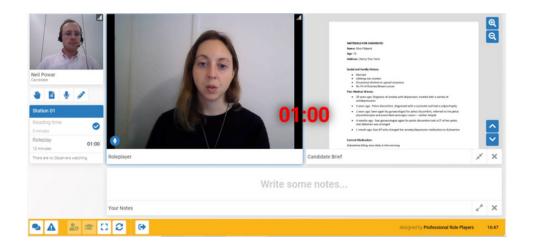
Some of your stations will be video consultations and some will be telephone consultations. If when you read your candidate brief during reading time it indicates that you are having a telephone consultation, then you will not see the role player during the consultation. Instead, the screen will show an image of a telephone and you will simply hear the role player's voice. You will always remain on video, even during telephone consultations so that the invigilator can observe you. However, the role player will not be able to see you during the consultation and the examiner will not see you when marking your consultation.

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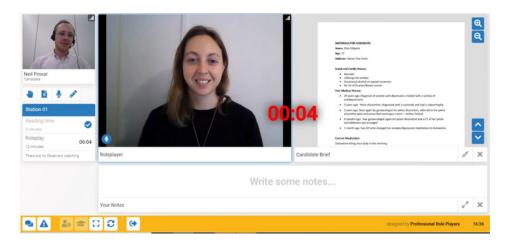
Station ending



When your consultation is drawing to a close a one-minute warning will appear in red in the middle of your screen.



You will then receive a five second countdown to let you know your consultation is about to end.



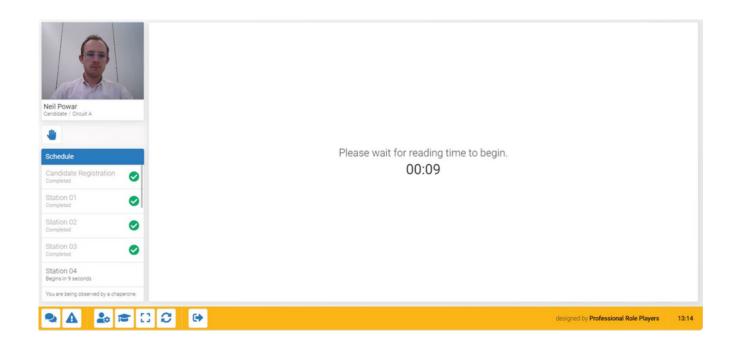
In between stations



There will be a 15 second gap in between stations where you will be automatically taken back to the examination waiting room.

The time will appear in the middle of your screen to provide you with a countdown until your next station. This is not a break, but rather some time to compose yourself before your next station. You may want to clear your whiteboard (if you're using one) or have a drink of water!

As you move through your stations, the panel to your left will mark those stations that you have completed with a green tick.



Breaks



When your first six consultations have been completed, you will then enter a 10-minute break period. The examination will pause, and a blue coffee cup icon will appear on your screen along with a countdown that shows how long you have left until your examination begins again.

During the break you are welcome to leave your examination room. However, if you choose to leave the room, you must inform your invigilator through the direct messages function. This is required so that there is a log of the time at which you left the room.

You do not need to wait for your invigilator to reply to your message.

When you return to the room, send a message to your invigilator to confirm you have returned. You are not permitted to use a phone during the break and you remain under examination conditions. It is your responsibility to return before your examination recommences.

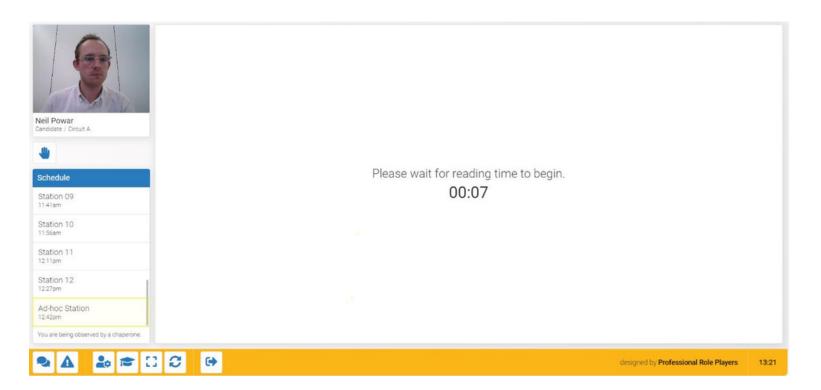


Reruns

At the end of your 12 consultations there are 45 minutes reserved for trainees who need to rerun one or more of their stations.

If you are required to do a rerun, your invigilator will inform you of this during the break, or, at the end of your twelfth consultation. The invigilator will inform you of the rerun in person, or, if this is not possible via the direct message function. The rerun station will also appear as an **Ad-hoc Station** at the bottom of your examination schedule.

Reasons for needing to complete a rerun may include brief but repetitive drops in signal for the trainee or role player or severe interruption from external noise which prevents the station being successfully completed.

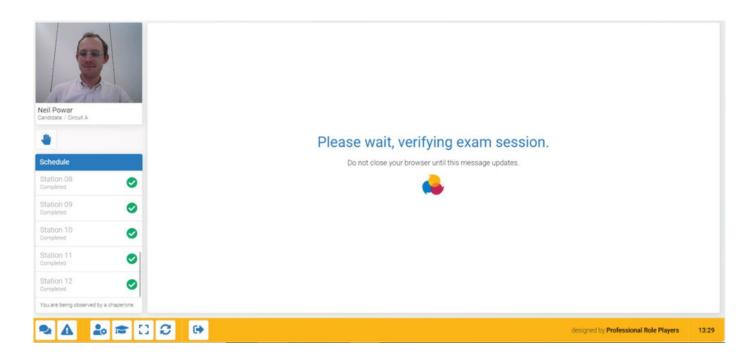






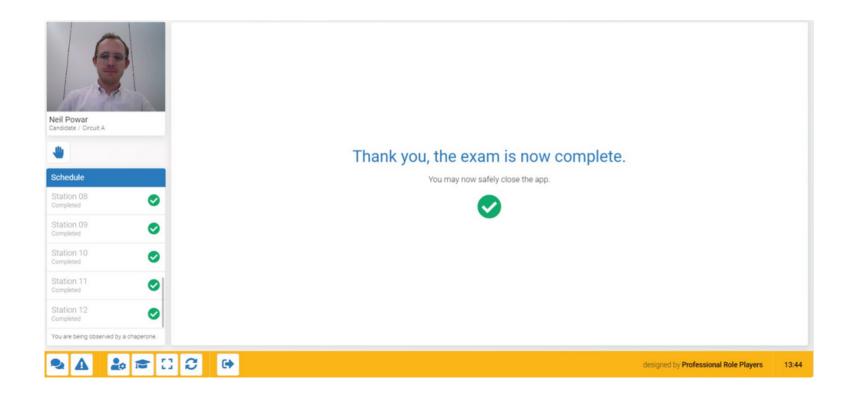
Logging out

When all your stations are complete you will be taken back to this screen. Please relax whilst your examination is being processed. However, please note that you are still under examination conditions. The examination processing period will be 45 minutes long, however, in some circumstances you may be permitted to leave sooner.





Once your examination has been processed you will see that the screen changes to the message below. Your examination is now complete and you are now free to log out of the platform.





FAQS

What happens if we lose internet connection?

If you lose internet connection, you will automatically log out of the platform. Follow the link in the email again and log back in. You will automatically return to your station. If this causes a significant interference to your examination, a rerun of the station can be performed.

What if I freeze mid-examination?

If you experience any issues with your video feed, click the 'refresh' icon at the bottom of your screen. If this does not solve your problem, please log off and back in again.

What if I have a technical problem during the examination?

In the first instance please use the hand raise and direct message features to notify your invigilator. If you cannot connect to the platform, please phone the SCA IT helpline on 020 3188 7680.

I have a question about the SCA examination platform, what do I do?

If you have any questions about the SCA examination platform, you can get in touch at <u>exams@rcgp.org.uk</u>.

Exam troubleshooting

Below are some quick checks you can perform yourself if you are having issues while on Osler Online. If these checks fail, please call your invigilator.

Logging in issues

- Make sure you have copy and pasted the URL correctly.
- When typing in your username, make sure you don't have caps lock on.
- When typing in username or login pin make sure there are no spaces.

Video issues

- Make sure all permissions have been enabled on your browser.
- Close all other video-streaming software including Teams/Zoom.
- Make sure you are sitting in a well-lit room.
- If you still experience video feed issues press the refresh button in the bottom yellow panel of the screen. It will take 15 seconds to reconnect you to the examination platform and reboot your video feed.

Audio issues

- If you hear echoing, do not move closer to your screen, it will make the echo worse.
- Try turning the volume down on your device as it may be carrying through your microphone.
- If you still experience audio feed issues press the refresh button in the bottom yellow panel of the screen. It will take 15 seconds to reconnect you to the examination platform and reboot your audio.
- Try using an external wired headphone and microphone.





Remember

Use an updated version of Google Chrome or Microsoft Edge.

Only use a PC, Laptop or Mac (no phones or tablets).

Use the same device and location you used for the device check.

For further details, please visit the <u>SCA webpage</u>.